

### Registration Information

Fill out the conference registration form and mail with your check made out to UA/NARTC (no purchase orders) to:

NARTC  
Childhood Obesity/Diabetes Conference  
Att: Lisa Clore  
1642 E Helen St  
Tucson, AZ 85719

Advance registration, \$160, must be postmarked no later than September 30, 2008. Registrations received after this date or on site will be \$200. **Early registration is recommended since enrollment is limited to 250 participants.**

**CANCELLATION POLICY:** Substitutions are permitted at any time. The cancellation notice must be received in writing no later than **November 20, 2008. No refunds will be issued after November 20th.**

For additional conference brochures or other information, contact: Pandora Hughes at (520) 621-5075 or by email at [phughes@u.arizona.edu](mailto:phughes@u.arizona.edu) or go to [www.nartc.fcm.arizona.edu/conference](http://www.nartc.fcm.arizona.edu/conference).

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

Home address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email: \_\_\_\_\_

The registration fee provides you with a program packet, entrance to all sessions, four breaks, one luncheon, the opening reception, and CME's or professional development credits.

Will you need CME/Professional Development Credits? \_\_\_\_\_

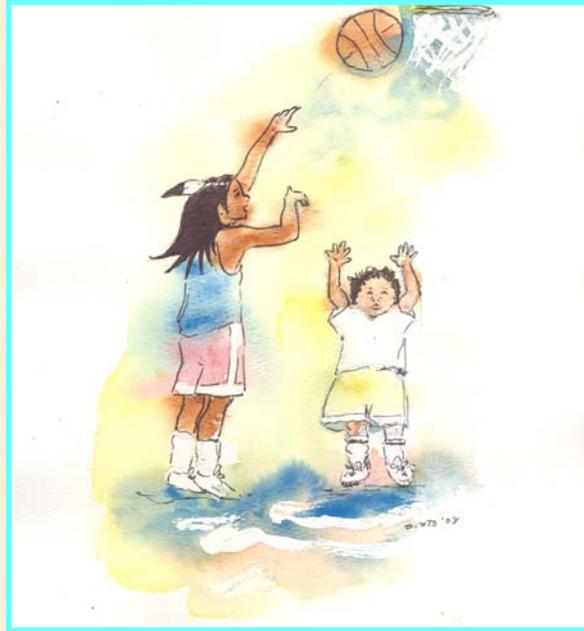
\_\_\_\_\_ CME'S

\_\_\_\_\_ Professional Development

### Childhood Obesity/Diabetes

#### Prevention in Indian Country:

#### Making Physical Activity Count!!



**December 2-4, 2008**

Town & Country Resort & Convention Center  
500 Hotel Circle North  
San Diego, CA 92108

The University of Arizona  
Family & Community Medicine  
Native American Research & Training Center

Thanks to our sponsors:

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Indian Health Service

(Division of Diabetes Treatment & Prevention)

San Diego State University

(Active Living Research Center)

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OF ARIZONA.**

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1642 E Helen St  
Tucson, AZ 85719

## CALL FOR PAPERS/POSTERS

We invite you to submit an abstract for presentation, workshop, and/or poster session at the above national conference. Presentations or posters should focus on successful programs that include: (1) obesity reduction programs that emphasize physical activity for AI/AN children and youth with, or at risk for, type 2 diabetes; (2) physical activity measurement models for youth in community or school settings; and (3) ongoing or completed studies with AI/AN children and youth that emphasize physical activity. Presenters are responsible for their own travel and conference related expenses.

Go to the website [www.nartc.fcm.arizona.edu/conference](http://www.nartc.fcm.arizona.edu/conference) to submit your abstract or use the following outline.

### **Instructions for Preparing and Submitting an Abstract.**

Because the abstracts will be published as part of a conference report to be distributed to all conference participants, we request that you use the abstract form included here. The abstract should be typed, single spaced, in 12 pt. font, and organized as follows:

- 1) **Topic:** the specific problem you are addressing
- 2) **Title** of paper/poster
- 3) **Authors and addresses** (In case of multiple authors, please place an asterisk \* before the name(s) of the presenting author(s).
- 4) **Purpose/Background:** Describes the history of the problem, states the purpose of the study or program, and identifies the study population.
- 5) **Methods:** Describes how the study was conducted or implemented and who comprised the population.
- 6) **Results:** Describes the data collected or the results of your program evaluation.
- 7) **Discussion:** Describes the implications of the study, the key findings, and if applicable, recommendations for further research.
- 8) Please indicate whether you would like to give a presentation, workshop, or a poster. Please also indicate your AV needs.

Please send the abstracts no later than June 1, 2008, to:

San Diego PA Conference  
c/o Robert Young, Ph.D.  
1642 E. Helen St.  
Tucson, Arizona 85719

For questions about the abstract, please contact

Rob Young at 520-621-5075 or by e-mail at [rsy@U.Arizona.edu](mailto:rsy@U.Arizona.edu)

## **Childhood Obesity/Diabetes Prevention in Indian Country Making Physical Activity Count!!!**

The purpose of this national conference is to enhance the skills and knowledge of persons engaged in American Indian/Alaska Native community and school-based physical activity programs designed to reduce the incidence and prevalence of childhood obesity and type 2 diabetes mellitus (T2DM). The conference will focus on ways that health care providers and educators can initiate or improve physical activity outcome measurements that target American Indian and Alaska Native (AI/AN) children and youth.

### **CONFERENCE AGENDA**

#### **December 2, 2008**

10:00 am	Registration opens: Foyer Room
1:00-1:30	Welcome & Opening Session
1:30-2:15	<i>Childhood Obesity in California Indian Children</i> Dennis Styne, MD, Chair of Pediatrics UC Davis, Fit-Kid Weight Management Program
2:15-2:45	<i>Physical Activity &amp; Academic Performance</i> Stewart G Trost, Ph.D. Oregon State University, Dept of Nutrition & Exercise Science
2:45-3:00	Question & Answer
3:00-3:15	Break
3:15-3:45	<i>Problem of Childhood Obesity / Diabetes In Indian Country</i> Kelly Moore, MD University of Colorado Health Sciences Center
3:45-4:00	Question & Answer
4:00-4:45	<i>Self Esteem &amp; Life Experiences as Risks for Developing Obesity/Diabetes</i> Ann Bullock, MD Health & Medical Division, Eastern Band of Cherokee Nation
4:45-5:00	Question & Answer
6:00-7:30	Reception, Poster & Demonstration sessions: Foyer Rm

#### **December 3, 2008**

7:30 am	Registration open: Foyer Room
8:00-8:15	Opening session /announcements
8:15-9:00	<i>Improving Physical Activity Measurements</i> James Sallis, Ph.D., Director Active Living Research Center, SDSU

9:00-9:15	Question & Answer
9:15-10:00	<i>Physical Activity Measurements: Lesson Learned from the Pathway Studies</i> Scott Going, Ph.D. University of Arizona, Nutritional Sciences
10:00-10:15	Question & Answer
10:15-10:30	Break
10:30-11:15	<i>Obesity Prevention in American Indian Children</i> Alexandra K. Adams, MD, Ph.D. University of Wisconsin
11:15-11:30	Question & Answer
11:30-1:30	Lunch (speaker TBA)
1:30-2:30	A = Breakouts
2:30-3:30	B = Breakouts
3:30-3:45	Break
3:45-4:45	C = Breakouts
5:00-6:30	Physical Activity Break
6:30	Dinner on your own

#### **December 4, 2008**

7:30 am	Registration Opens
8:00-8:15	Opening Session/announcements
8:15-10:00	<i>Use of Accelerometers to Document Physical Activity</i> Jacqueline Kerr, Ph.D.
10:00-10:15	Break
10:15-11:00	Programs that work! Panel 1 Panel 2
11:00-11:15	Question & Answer
11:15-12:00	Programs that work con't Panel 1 Panel 2
12:00-12:12	Concluding Remarks

### **HOTEL INFORMATION**

Town & Country Resort & Convention Center  
500 Hotel Circle North  
San Diego, CA 92108  
(619) 291-8770

A number of sleeping rooms (at government rates) have been designated for this conference. The hotel will accept reservations at the government rate until 11/10/08. In order to obtain the government rate, ask for Childhood Obesity/Diabetes Conference.

Please indicate to the hotel staff if you need special requirements (dietary, wheel chair accessibility, etc).